COVID-19


4 STURDY LEGS stabilize a robust plan. Plans should closely follow Centers for Disease Control and Prevention guidance.

1. ADOPT SAFE PROCEDURES
   - Physical distancing of at least 6 feet
   - Students grouped in “pods” to limit mixing with others
   - Staggered attendance
   - Limiting visitors

2. REQUIRE SAFE BEHAVIORS
   - Wearing face coverings correctly
   - Practicing hand hygiene
   - Covering coughs and sneezes

3. CREATE A SAFE ENVIRONMENT
   - Ventilation
   - Disinfection
   - Plexiglass barriers
   - Contactless fixtures (like wastebaskets, paper towels)

4. MANAGE SICK STUDENTS AND STAFF
   - Daily symptom checks at home
   - Isolation of symptomatic students and staff
   - Methods to communicate with caregivers of a sick child

Parental buy-in to the plan provides it with a firm foundation.

High community transmission of COVID-19, however, can overwhelm even well-crafted plans. COVID-19 cases and outbreaks may result in quarantines or campus closures.

Texas Medical Association
Physicians Caring for Texans

www.texmed.org

@wearetma
@texmed