

**Maria C. Monge, M.D.**

Adolescent Medicine

Pediatrics, Internal Medicine, Medical Education  
University of Texas at Austin, Dell Medical SchoolDell Children's Medical Group  
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**Education**

M.D., Northwestern Feinberg School of Medicine (AOA), Chicago, IL, USA	08/03 to 05/07
M.A.T., Duke University Graduate School, Durham, NC, USA	07/99 to 07/00
B.S., Psychology (Cum Laude), Duke University, Durham, NC, USA	08/95 to 05/99

**Postdoctoral Training**

Fellowship, Adolescent Medicine, Boston Children's Hospital, Harvard Medical School, Boston, MA	07/11 to 07/13
Residency, Internal Medicine/Pediatrics, Duke University, Durham, NC	07/07 to 07/11

**Licensure**

Texas, P6469, Exp. 05/31/2023

**Board Certification**

American Board of Internal Medicine, Adolescent Medicine, 2014  
 American Board of Pediatrics, Pediatrics, 2012  
 American Board of Internal Medicine, Internal Medicine, 2011

**Academic and Leadership Appointments (select)**

Associate Professor Pediatrics, Internal Medicine (courtesy), Medical Education (courtesy), University of Texas at Austin, Dell Medical School, Austin, TX	9/21 to
Assistant Professor Internal Medicine (courtesy), University of Texas at Austin, Dell Medical School, Austin, TX	08/17 to 9/21
Division Director Adolescent Medicine, Department of Pediatrics, University of Texas at Austin, Dell Medical School, Austin, TX	8/14 to

**Employment and Clinical Activities (select)**

Dell Medical School Department of Pediatrics Diversity Council Member	1/22 to
Dell Children's Medical Group Clinical Practice Council Member	6/20 to
Adolescent Medicine Subspecialist Physician, Director of Adolescent Medicine, Dell Children's Medical Group, Austin, TX	08/14 to

**Honors and Awards (select)**

Teaching Health Equity Award – Dell Medical School 1 of 3 awardees across entire medical school for recognition of outstanding delivery of education in health equity	10/2021
Clinical Learning Environment Award Graduate Medical Education award at Dell Medical School recognizing contributions during the year. Selected by residents.	10/2021
Top Pediatric Doctor Austin, Adolescent Medicine – Austin Monthly Magazine Peer-nominated recognition as a top Adolescent Medicine doctor in Central TX	3/2021
Top Doctors Austin, Adolescent Medicine – Austin Monthly Magazine Peer-nominated recognition as a top Adolescent Medicine doctor in Central TX	2021, 2022

**Professional Memberships and Activities with Leadership Positions (select)**

Texas Medical Association	08/14 to
Leadership College (2017-2018)	
TMA's Be Wise -- Immunize Physician Advisory Panel (2018-2020)	
LGBTQ Advisory Committee (2018-2020)	
Section on LGBTQ Health (2020-Present)	
Prelim-Section Secretary (2020-2021), Inaugural Chair (2021-2022)	
Committee on Child and Adolescent Health (2016-2022)	
Chair (2018-2020)	
Science and Public Health Reference Committee	
Member (2021), Chair (2022)	
Interviewing Trustee (TMA Scholarship for Dell Medical School) (2021-Present)	
Texas Pediatric Society	08/16 to
Nominating Committee (2021-2022)	
Executive Legislative Committee (2019-Present)	
Committee on Medical Education (2016-Present)	
Co-Chair (2019-Present)	
Committee on Adolescent Health and Sports Medicine (2016-Present)	
Travis County Medical Society	08/14 to
AISD Sports Physical Task Force (2019-Present)	
Alternate Delegate to TMA (2019-Present)	
Ethics Committee (1/2022-Present)	
Texas Society for Adolescent Health and Medicine	08/13 to
Board Member at Large (2017-2021)	
Advocacy Chair (2021-Present)	

**Educational Activities (select)**

University of Texas at Austin, Dell Medical School, Pediatrics Residency Program	
Director of Adolescent Medicine Rotation	08/14 to
University of Texas at Austin, Dell Medical School	
Developing Outstanding Clinical Skills, Mentor, 5 students per class (MS1-4)	07/19 to
Weekly and monthly sessions on doctoring skills	

**Publications (select)**

Young, C., **Monge, M.**, Minami, H., Rew L, et al. Outcomes of a Mindfulness-Based Health Lifestyle Intervention for Adolescents and Young Adults with Polycystic Ovary Syndrome. *Journal of Pediatric and Adolescent Gynecology*. In press, Published Online Nov 4, 2021.

**Monge M.** and Pitts S. The Female Athlete Triad. In: Emans SJ, Laufer MR, DiVasta AD (Editors). *Pediatric and Adolescent Gynecology*. 7th edition. Philadelphia: Lippincott, Williams and Wilkins, 2020

Khot, S, **Monge MC**, COVID-19 and Adolescent Eating Disorders. *Pediatric Annals*. In Press 2022 Special Edition

**Presentations (select)**

Monge MC, Complex Menstrual Management and Contraception:	2/22
Considerations for Medically Complex Children and Adolescents. Pediatric Endocrine Society of Texas, Oklahoma, Louisiana and Arkansas Annual Conference. Austin, TX and Virtual	
Monge MC, Dewar E. Creating Spaces: Supporting LGBTQ+ Patients and Families. Texas Pediatric Society Annual Meeting. Virtual	9/21
Monge MC, Straight Talk: A Matter of Life and Breath; Vaping and E-cigarette Panel	2/20
Adolescent Medicine Expert on Health Risks associated with Vaping: Texas Parent Teacher Association Panel at State Capitol. Austin TX	
Monge MC, Loh M, Goff C, LaPlace A, Nguyen V, Onwunali A, Patel R. Barriers to Obtaining and Effectively Using Emergency Contraception in Texas Adolescents. Pediatric Academic Societies Annual Meeting, Toronto, Canada.	5/18