Resident and Fellow Section
Business Meeting

Friday, May 17, 2019
11 am – Noon
Hilton Anatole Dallas, 27th Floor, Comet
*Lunch available following the meeting in the Expo Hall until 1:00*

I. Call to Order.................................................................Ann Hughes Bass, MD, Chair

II. Welcome and Introductions

III. Acknowledgements
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   b. TMA Antitrust Statement
   c. Conflicts of Interest Policy
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      Secretary
      TMA Delegate (4 positions)
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2018-2019 Resident and Fellow Section
Executive Council

**Chair**
Ann Hughes Bass, MD
Lubbock
(469) 879-2758
ann.bass@ttuhsc.edu
annahughesbassmd@gmail.com

**Chair-Elect**
Arindam Sarkar, MD
Houston
(281) 650-3221
arindams@bcm.edu
arindammd@gmail.com

**Secretary**
Carla Khalaf McStay, MD
Temple
(903) 267-6539
carla.khalafmcstay@bswhealth.org

**Immediate Past Chair**
Habeeb Salameh, MD
Galveston
(409) 789-0703
habeeb.salameh@yahoo.com

**Board of Trustees Representative**
Justin Bishop, MD
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(214) 298-7548
justin.bishop@eagles.usm.edu

**AMA Alternate Delegate**
Theresa Phan, MD
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**TMA Delegates**
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**TMA Alternate Delegates**
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Meeting Minutes
TMA Young Physician and Resident & Fellow Section
Winter 2019 Joint Business Meeting

The joint business meeting of the Young Physician Section and the Resident and Fellow Section convened at 9:15 pm on Friday, January 25, 2019 in Foothills Ballroom II at the Hyatt Regency Austin.

Introductions and Welcome
Gates Colbert, MD, Chair-Elect of the Young Physician Section called the meeting to order and welcomed all attendees.

Acknowledgements
The copyright agreement, conflicts of interest policy statement, HIPAA compliance training statement, and TMA 2025 objectives documents were acknowledged.

Approval of the Minutes
The meeting minutes from the September 28, 2018 meeting were approved by both Sections.

Discussion: Healthy Vision 2025
Dr. Colbert encouraged attendees to review the newly-released Healthy Vision 2025 – no comments were offered by attendees.

Member Testimonials
Dr. Colbert encouraged attendees to submit a TMA member testimonial in writing or consider filming a testimonial on Saturday morning and afternoon.

Discussion: Potential Section Resolutions
1. Dr. Colbert invited the authors of the proposed resolutions to introduce them. Justin Bishop (RFS) introduced his proposed resolution regarding medical clearance for gun use in traumatic brain injury patients.
   a. **Action:** An RFS member motioned to support the resolution, which was then seconded. The motion to support carried unanimously.
   b. **Action:** A YPS member motioned to introduce/endorse the resolution, which was then seconded. The motion carried unanimously.
2. Dr. Dara Grieger (RFS) introduced a proposed resolution regarding requirements for faculty supervising residents during training.
   a. Following active discussion, Dr. Grieger withdrew the resolution to pursue additional consideration and brainstorming with other RFS members.
3. Dr. Dara Grieger (RFS) introduced a proposed resolution regarding initial assessment and treatment recommendations by specialists.
   a. **Action:** An RFS member motioned to table discussion for the time being. The motion was seconded and carried.
   b. **Action:** A YPS member motioned to support the resolution, which was then seconded. The motion to support carried with 12 ayes and 6 nays.

Discussion: RFS J.T. “Lamar” McNew Award
Dr. Colbert reminded RFS attendees to nominate deserving physicians for the McNew award via the online form by February 15, 2019.
**Discussion: YPS Young at Heart Award**
Dr. Colbert reminded YPS attendees to nominate deserving physicians for the Young at Heart award via the online form by February 15, 2019.

**Elections**
Dr. Colbert invited nominations from the floor for the four open YPS-AMA delegate positions. Drs. Laura Gephart, Gates Colbert, Matt Booker, and Marciel Oquendo were nominated for the positions. A motion was made to accept the four nominations, seconded, and carried unanimously. There was a request made to staff to clarify why the YPS structure does not include alternate delegates.

Dr. Bishop, acting on behalf of the RFS, called a vote on the two nominations for RFS representative to the TMA Board of Trustees: Drs. Lalani and Riggs. With Dr. Lalani sustaining only one vote in favor, Dr. Riggs was elected to the position.

Dr. Bishop called for nominations from the floor for the open RFS-AMA alternate delegate position. Dr. Theresa Phan nominated herself unchallenged and was elected unanimously.

**Council and Committee Reports**
Section representatives on TMA councils and committees were invited to give a brief update.

**Upcoming Events and Deadlines**
The Section reviewed and acknowledged upcoming events and deadlines, including:
- TexMed Resolution deadlines
- Section governing council elections (RFS & YPS)
- TMA Board, Council, & Committee positions (RFS)
- First Tuesdays
- TexMed 2019

**Adjournment**
The Section adjourned the meeting at 10:25 pm.
Election Information for Executive Council Positions

Staff Note

According to the Operating Procedures of the Texas Medical Association Resident & Fellow Section, the Executive Council shall have the following officers: Chair, Chair-Elect, Secretary, TMA Delegates, TMA Alternate Delegates, and Immediate Past Chair.

Any member of the TMA Resident & Fellow Section shall be eligible for election to the Executive Council. At the TMA-RFS Annual Meeting, the following positions shall be elected: **Chair-Elect, Secretary, TMA Delegate (up to 5 positions), and TMA Alternate Delegate (up to 5 positions).** Please see the attached TMA-RFS Executive Council Positions for specific information relating to term, duties, and qualifications for each position. Nominations will be accepted from the floor of the assembly.

All terms of office are one year, beginning at the close of the TexMed 2019 through TexMed 2020.

Attachment. Resident and Fellow Section Positions
Duties of the Chair:
The chair will preside over all meetings of the Resident & Fellow Section and the Executive Council. The chair shall be the head of the Resident & Fellow Section and shall, as far as practical, visit various areas of the state in the interest of the section, when necessary. The RFS chair, in consultation with the Executive Council, shall lead the direction of the section. In addition, the chair shall serve as an advisor to the section’s delegates and alternate delegates to the TMA House of Delegates and serve as the coordinator of the TMA-RFS Delegation to the AMA-RFS Assembly. The chair shall serve a one-year term.

Duties of the Chair-Elect: (residents with two or more additional years of residency are eligible)
In the absence of the chair, the chair-elect will assume the duties of chair (primarily, preside over meetings of the Resident & Fellow Section and RFS Executive Council). The year following his/her election, the chair-elect will become chair.

Duties of the Secretary:
The secretary will record the minutes of all meetings of the Resident & Fellow Section and Executive Council and submit them to the RFS Chair for approval. The secretary shall serve a one-year term.

Duties of the Delegates to the Texas Medical Association House of Delegates:
The delegate will have the authority to introduce resolutions in accordance with the Constitution and Bylaws of the Texas Medical Association. Each Delegate shall represent the RFS as a voting member of the TMA House of Delegates during its Annual Meetings (usually April/May) and during any interim or special meeting of the HOD. Delegates shall also provide written activity reports to the meeting of the Resident & Fellow Section and the Executive Council. In addition, delegates are members of the TMA-RFS Executive Council and shall attend all meetings of the Council. Delegates shall serve a one-year term.

Duties of the Alternate Delegates to the Texas Medical Association House of Delegates:
It shall be lawful for the alternate to serve in the place of an absent delegate upon proper transfer of credentials. Proper transfer of credentials is stated as endorsement of credentials by the delegate, chair, chair-elect, or secretary. The term of office for the alternates shall coincide with that of the delegate and shall be for one year immediately following the Annual Session at which they are elected and continue through conclusion of the next Annual Session.

Alternate Delegates shall attend the TMA House of Delegates Annual and Interim Meetings (usually April/May and September/October). In the event that the TMA Delegates from the RFS are unavailable, an Alternate Delegate shall represent the RFS as a voting member of the TMA House of Delegates during its Annual and Interim Meetings. In addition, Alternate Delegates are members of the TMA-RFS Executive Council and shall attend all meetings of the Council.

Duties of the Immediate Past Chair:
The immediate past chair shall be a member of the RFS Executive Council and shall have the right to vote.
Members of the RFS Executive Council:

- All members of the RFS Executive Council are expected to participate in all RFS activities and respond in a timely manner to requests made by TMA leadership and the RFS Section Coordinator (throughout the year).
- Review and rank nominations for the J.T. “Lamar” McNew Award (Feb/March).
- Review and participate in the selection of residents and fellow to TMA boards, councils and committees (April/May).
- Assist in the development of resolutions for submission to the TMA House of Delegates. (March and August).

Representatives and Alternate Representatives to TMA Boards, Councils and Committees

- RFS representatives to TMA B, C and Cs are required to attend all regular meetings of the appointed group. Most groups meet three times annual during Winter Conference (January/February in Austin), TexMed (April/May location varies) and Fall Summit (September/October in Austin).
- Representatives are required to submit a detailed written report to the RFS Section Coordinator within 30 days of the meeting.

** If any member of the RFS Executive Council fails to attend two consecutive scheduled meetings, the position shall be declared vacant.
My name is Amir Ahmadian, a third-year PM&R resident at UT Southwestern in Dallas, and I’m excited to run for the Secretary position for the TMA Resident & Fellow Section. My interest in this position stems from my involvement with the TMA as a past president of the TMA-MSS section at my medical school. As president, I planned educational meetings on topics pertaining to organized medicine, coordinated MSS’s Annual Service Project, and organized a TMA’s Be-Wise Immunize event benefiting more than 100 low-income students. Furthermore, I facilitated meetings with Texas legislators during TMA’s 1st Tuesday to discuss the importance of GME funding and student loan burden. Additionally, serving as the student member of the Council on Health Promotion, Committee on Infection Diseases and TexMed 2014 Planning Committee allowed me to further appreciate the importance of involvement with the TMA to best advocate for our profession. My sincere goal as your future RFS Secretary is to accurately document RFS meeting minutes, help the Section accomplish its objectives and to enhance my leadership skills to best serve the needs of our profession and our patients.
Education:
UT Southwestern Medical Center, Dallas, Texas
Physical Medicine and Rehabilitation Residency
July 2017—expected May 2020

Texas A&M Health Science Center College of Medicine-Scott & White, Temple, Texas
Internal Medicine Internship
July 2016-June 2017

University of North Texas Health Science Center, Fort Worth, Texas
Texas College of Osteopathic Medicine
Doctor of Osteopathic Medicine
July 2012 –June 2016

University of Texas, Austin, Texas
Bachelor of Science, Human Biology
College Scholar in College of Natural Sciences (top 20% of class)
August 2008 – May 2012

Leadership Positions:
UT Southwestern Medical Center, PM&R Residency Program
Resident Wellness Committee Co-Chair
July 2017 – Current
- Organized monthly social events and bi-annual volunteer events at the DME Exchange of Dallas to promote resident well-being and increase camaraderie among residents
- Assisted the Residency Recruitment Committee in incorporating auditioning students in events to help applicants make informed decisions

Interdisciplinary Pain/Spine Journal Club Co-Chair:
January 2018 – January 2019
- Hosted interdisciplinary quarterly journal club meetings to facilitate discussion regarding scientific research on pain and interventional spine medicine

Texas College of Osteopathic Medicine
Vice President, LGBT and Allies Association
June 2014 – May 2015
- Increased awareness and sensitivity on health issues and disparities pertaining to the LGBTQ population among interdisciplinary organization members by hosting panels with patients and expert medical professional speakers
- Recognized with the “Most Improved Organization” Award for academic years 2014-2015 by Student Development Office
- Organized and implemented a fundraiser that raised $1,268.72 benefiting Nepal earthquake survivors
- Provided STD testing and education in partnership with AIDS Outreach Center
- Served as the Team Captain for registration and silent auction for AOC’s Evening of Hope, which is the largest annual fundraiser providing HIV/AIDS resources to Tarrant County community members

TCOM Career Development Student Council
Student Representative
May 2014 – May 2016
- Expanded student knowledge on topics related to residency, board examinations, and career options
- Collaborated with the office of Alumni Relations to organize the 2015 Intern and Residency Fair

TCOM Ambassador
May 2013 – May 2016
- Served as a representative of TCOM and conducted campus tours for student candidates
- Fostered awareness of osteopathic medicine through involvement in the 2014 Proclamation of Osteopathic Medicine Week at the Fort Worth City Council
- Received Medical School Government Association scholarship to attend 2015 DO Day on Capitol Hill to advocate for easing medical student debt burden, increasing GME funding, and repealing SGR

Hazelden Betty Ford Summer Institute for Medical Students (SIMS)
April 28 2014 – May 2, 2014
- Selected as one of 14 medical students to receive full scholarship to learn about the science of addiction and spirit of recovery
- Learned about the effects of addiction on the family unit and how to meet the psychosocial and behavioral needs of family members

Texas Medical Association
Council on Health Promotion and Committee on Infectious Diseases
Student Representative
September 2014 – May 2015
- Attended Council and Committee meetings to serve as the voice of medical students on pertinent issues
- Served as a judge for the Anson Jones, MD Awards, which recognizes journalists with outstanding health reporting
TexMed Planning Committee
**Student Representative**
January 2014 – May 2014
- Increased student attendance at TexMed 2014 by 30% in comparison to preceding year by advertising through social media and facilitating student lodging in host city
- Assisted in organizing the medical school section social event at the 2014 TexMed

President, Texas Medical Association-Medical School Section (TMA-MSS)
January 2013 – January 2014
- Organized eight educational meetings on topics such as Tort reform, medical liability laws, and state legislative updates
- Presented chapter activity reports at the Tarrant County Medical Society (TCMS) Board Meetings and expanded participation with TCMS
- Coordinated MSS’s Annual Service Project and collected more than 1600 items of clothing benefitting the homeless population
- Awarded with TMA’s Be-Wise Immunize grant in the amount of $1,000 to offer flu shots to 100 low-income students and to promote awareness about benefits and safety of regular vaccinations
- Organized meetings with Texas US Senator John Cornyn’s staff to raise awareness about the importance of funding for residency positions
- Attended TMA’s 1st Tuesday to discuss GME funding and student loan burden with Texas legislators

University of Texas at Austin
**President, Vice President, and Webmaster, Iranian Students Academic and Cultural Organization (I.S.A.C.O.)**
August 2009 – May 2012
- Served as the head coordinator and representative of I.S.A.C.O. with the goal of educating the UT and Austin community about Iranian culture
- Coordinated I.S.A.C.O.’s 9th and 10th Annual Performing Arts Show and raised more than $4,000 in ticket sales to support a flood relief charity in Pakistan and a pediatric cancer foundation in Iran
- Maintained an online presence by updating the Organization’s website and using social media websites to promote events

UT Leadership and Ethics Institute
**Leadership, Education, and Progress (LEAP) Mentor**
January 2011—April 2011
- Mentored and served as a peer leader to a group of 46 freshman to improve their leadership and team work skills through a series of workshops and team-building exercises

Publications/Poster Presentations:
- Poster presentation: “Does the relationship between pain level and opioid intake differ as a function of a patient's sex and depression status?”. AAPM&R Annual Assembly, Orlando, FL. October 2018.
- Ongoing research: “Protocol on Opiate Weaning” at Zale Lipshy hospital

Lectures:

Professional Experience:
Mesquite Rehabilitation Institute, Mesquite, TX
**Staff Physician**
February 2018 – Current
- Provided weekend coverage at a 30-bed inpatient rehabilitation unit with Top Performer Awards from the Uniform Data System for Medical Rehabilitation and Certificates of Distinction from the Joint Commission for stroke and hip fracture rehabilitation

Foundation Medical Group, Dallas, TX
**Clinic Physician**
August 2018 – Current
- Provided comprehensive care to patients suffering from opioid use disorder including medication assisted treatment using buprenorphine-containing medications

North Texas Eye Research Institute
**Summer Research Fellow**
June 2013 – August 2013
- Served as one of the 32 out of the 225 medical students selected for the prestigious summer research scholarship
- Fostered critical thinking skills and improved laboratory techniques such as Polymerase Chain Reaction (PCR) and Western blotting
- Researched the role of miRNA 32 in the expression of DSPP in human trabecular meshwork cells
Texas College of Osteopathic Medicine

**Orientation Leader**
February 2013 – July 2013

- Created and implemented orientation programming for the 230 incoming medical students
- Assisted in the assimilation of new students by introducing them to the services and amenities offered on campus

Advanced Foot and Ankle Family Clinic

**Medical Assistant**
January 2012—May 2012

- Delivered quality patient care and increased efficiency by managing electronic health records, taking patients’ vitals and history, and offering excellent customer service
- Expanded knowledge of the healthcare field by contacting insurance companies, hospitals, and pharmacies

UT Calling Center, Annual Giving Program

**Student Caller**
August 2010 – December 2010

- Raised more than $20,000 in donations for the University of Texas at Austin
- Improved communication skills and built relationships with UT alumni with diverse backgrounds

**Community Service:**

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<tr>
<th>Service</th>
<th>Date</th>
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<tbody>
<tr>
<td>Resource Center of Dallas</td>
<td>July 2017- current</td>
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<tr>
<td>DME Exchange of Dallas</td>
<td>October 2018</td>
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<tr>
<td>UTSW Adaptive Sports Expo</td>
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<td>PMR Charity Golf Tournament</td>
<td>May 2015</td>
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<td>CCFA Take Steps for Crohn’s and Colitis</td>
<td>May 2015</td>
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<tr>
<td>2015 RISE Wheelchair Motorcross International Championship</td>
<td>April 2015</td>
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<tr>
<td>Human Rights Campaign: Dallas and Fort Worth Prides</td>
<td>May 2013 – Current</td>
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<tr>
<td>AIDS Outreach Center</td>
<td>August 2014 – May 2016</td>
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<tr>
<td>Grapevine Relief and Community Exchange (GRACE) Clinic</td>
<td>August 2012 – July 2014</td>
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<tr>
<td>Northside Community Health Center</td>
<td>August 2012 – May 2014</td>
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<tr>
<td>Presbyterian Night Shelter</td>
<td>October 2013 – March 2014</td>
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<tr>
<td>Clinical Volunteer at University Health Services at UT Austin</td>
<td>August 2010 – May 2012</td>
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**Conferences:**

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<th>Conference</th>
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<tr>
<td>Texas Medical Association TexMed Annual Meeting</td>
<td>May 17-19, 2019</td>
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<tr>
<td>American Academy of Physical Medicine and Rehabilitation Annual Assembly 2018</td>
<td>October 25-28, 2018</td>
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**Hobbies:**

- Singing and song writing
- Bikram yoga
- Foreign films
- Cooking
TMA DELEGATE
04/01/2019

Ms. Karen Kollar  
Membership Manager  
Texas Medical Association  

Ms. Kollar,  

I am currently a PGY - 2 in Family Medicine Residency Program at Texas Tech University - Permian Basin. I have an MHA from Oregon Health & Science University, and have successfully completed a fellowship in Healthcare Administration in June 2017 at Parkview Health in Fort Wayne, IN. My interest in continuing to be a part of the TMA Resident and Student Executive Council by being a Delegate or Alternative Delegate stems from my year serving in the position. My background at the various health systems including as part of time at Texas Tech so far, continues to inspire me to serve the physicians and people of Texas.

This is my letter of intent to continue to be a part of the TMA Resident and Student Activities for this upcoming year. I currently serve on the Texas Medical Association as a Resident Delegate, as well as the resident representative on the committee for Medical Home and Primary Care and the Council of socioeconomics. During my time as a fellow in Administration, I worked on several initiatives surrounding quality improvement, patient safety, patient experience, physician and employee wellness program, development of system wide mentoring program, improving value-based payment reimbursements, and structuring outpatient practices.

As part of my representation on the TMA Resident and Student section, my hope is to forge new pathways for residents and students to connect and learn more regarding advancements in healthcare nationwide to enhance future practice. I aspire to share my knowledge in understanding the community needs and the various tools that can be utilized in order to improve the existing healthcare system to better serve patients, by residents and physicians, across all specialties.

Sincerely,  
Jayaprada (Jaya) Kasaraneni, MD, MS  
PGY - 2, Family Medicine  
Texas Tech University - Permian Basin
JAYAPRADA (JAYA) KASARANENI
Cell: (503) 332-1632. Email: kasaranenij@gmail.com

Professional Experience

Resident, Dept of Family Medicine  July 2017 – June 2020
Texas Tech University – Permian Basin, Odessa, TX
- Chief Resident in PGY III, 2019-2020
- Member, Program Evaluation Committee
- Co-Chair, Clinical Efficiency Committee
- Resident Liaison for C. Diff deployment team, Medical Center Hospital

Administrative Fellow  July 2016 – June 2017
Mentor: Marlon Wardlow, COO, Parkview Randallia
Parkview Health, Fort Wayne, IN
- Development of MOC for Inpatient and Outpatient Diabetes Management.
- Evaluation and strategy for improvement of healthcare system’s EICU program.
- Analysis of utilization for the healthcare system’s TeleNeurology Program.
- Process improvement of Inpatient Patient Experience.
- Development of system wide mentoring program to benefit all employees.

Quality Management & Care Continuum
Norton Healthcare, Louisville, KY
- Care Management and Care Continuum Data Analyst since January 2016 with a focus on decreasing readmission and ED Utilization in collaboration with different payors in the Louisville Market.
- Employee Onsite Clinic Plan – Strategy and Development of Business Plan to improve Employee Health.
- Streamlining access to primary care providers for Employee Wellness Program.
- Gap Analysis of Language Services across Norton Healthcare.

Administrative Intern  June 2014 – August 2014
OHSU Healthcare
Oregon Health & Science University, Portland, Oregon
Mentor: Cynthia Grueber, Chief Operating Officer, OHSU Healthcare
- Development of business strategic plan for the Division of Adoption Medicine increasing patient and family visits.
- Assessment of OHSU’s Research efforts in addressing Healthcare Disparities in the State of Oregon.
- Standardization of Quality Plans and Reporting for all Clinical Departments.
Education
Master of Science (M.S.) in Healthcare Management
September 2013 – June 2015
Oregon Health & Science University, Portland, OR

M.B, B.S – Bachelor of Medicine, Bachelor of Surgery
August 2005 – June 2011
NRI Medical College, China Kakani, Guntur, India

Activities, Memberships, Positions, & Certifications
Dec 2018 – Dec 2019 | Resident Representative, Commission on Continuing Professional Development, American Association of Family Physicians
Nov 2018 – Nov 2019 | Resident Representative, Commission on Continuing Professional Development, Texas Association of Family Physicians
July 2018 – Present | Resident Delegate, Resident and Fellow Section (RFS) Executive Council, Texas Medical Association
| TMA – RFS Representative, Committee for Medical Home and Primary Care
| TMA – RFS Alternate representative, Committee for Physician Health & Wellness
| TMA – RFS Representative, Council on Socioeconomics
March 2018 – Present | Resident Representative, Ector County Medical Society
August 2017 – Present | American Medical Association
| Texas Medical Association (TMA)
| American Academy of Family Physicians
| Texas Academy of Family Physicians
April 2015 – Present | American College of Healthcare Executives (ACHE)
March 2011 – Present | Lions Club International, New Albany, Indiana
July 2016 – June 2017 | Young Leaders of Northeast Indiana (YLNI).
| Leadership Institute Graduate of YLNI.
June 2015 – May 2016 | Board of Directors, Lions Club – New Albany Chapter
June 2016 – May 2018 | Vice President, Lions Club – New Albany Chapter
"Ask not what your country can do for you. Ask what you can do for your country." This quote by American President John F. Kennedy resonates really well with me because I believe that my mission lies in service to others. My mission aligns with the TMA’s mission of enhancing the quality and effectiveness of health care by fostering excellence and professionalism in the practice of medicine. I enjoy being able to assemble all of the “puzzle pieces” of a complex problem and being able to think critically and work together with all the various members of a leadership team to come up with solutions that will benefit a community. I am interested in being a TMA Delegate to the RFS Executive Council because I would like to help enhance the quality of medical postgraduate training by incorporating for and advocating the TMA’s core values of 1) leadership, 2) excellence, 3) respect, 4) compassion, 5) professionalism, and 6) responsibility. We can accomplish this goal together by establishing and promoting the highest clinical standards and ethical ideals, by being comprehensive in our plan of care for our patients and educating them appropriately, and by advocating for the best positions on health and public policy pertaining to public health, our patients, the medical profession, and our TMA members. If chosen, I would be honored and humbled to help unify the many voices of the medical community for the benefit of our patients, our TMA members, and our profession altogether.

My leadership style revolves around my day-to-day patient care experiences in the hospital or clinic. Very few patients come to the hospital in their happiest state. As health care providers, we see often see patients in their worst state because they are feeling sick and miserable. All of these patient encounters are reminders to exhibit the leadership qualities of positivity, patience, and perseverance. Whenever I manage to make a patient smile after I finish interviewing and examining him or her, it particularly makes me feel as if I am making a difference in his or her life. One of the most valuable but priceless gems that I learned during my clinical rotations is that it is important to look at others through a positive lens and not look at the faults in others. There are bound to be virtues and there are also bound to be drawbacks in everyone. It is up to us to choose which aspects we look at. We can either focus on the positive aspects or we can focus on the negative. The virtues and drawbacks in others may not be in our hand but the focusing mechanism is. People are like an ocean. In order to get the pearls, we need to dive deep. A mere surface glance may only bring a vision of floating debris of faults. Every person has a pearl deep within him or her, but to see it, we have to dive deep.

I am grateful my medical career has allowed me the opportunity to work with diverse populations in various health care systems and networks in urban, suburban, and rural areas. As a result, I have developed excellent interpersonal, communication, organizational, and planning skills. I would like to assist in increasing the value of membership among TMA resident and fellow members. Furthermore, I would like to help strengthen the chapter level activities and relationships at residency and fellowship training programs. I hope to network with residents and fellows from across the great state of Texas and to make connections that will last a lifetime. I will share what I have learned from this council with others by educating and providing valuable lessons to other residents, fellows, faculty, and health care employees, and I will utilize this information to help improve our community as a whole. I have learned the importance of being flexible and adaptable, and I am capable of merging the knowledge that I have obtained through prior leadership and service with my first-hand experience as a current resident and TMA member. In summary, I believe that the combination of my academic and professional qualifications and my desire and passion to learn first-hand from and network with the current and future members of the RFS and TMA at large make me a strong candidate for this position. If chosen, I would be humbled and grateful to represent the diverse voice of TMA as a Delegate to RFS Executive Council. Thank you very much for your consideration.
Dr. Ronak D. Ghiya  
425 University Boulevard - Suite 345  
Round Rock, TX 78665  
Cell: 304-218-3380  
Email: ronak.ghiya@bswhealth.org

**Residency Training**

Baylor Scott & White Medical Center  
300 University Boulevard, Round Rock, TX 78665  
Residency Type: Internal Medicine  
Current Level: Post-Graduate Year 2 (PGY-2)  
Graduation Date: June 30, 2020

**Education**

Boonshoft School of Medicine at Wright State University  
3640 Colonel Glenn Highway, Dayton, OH 45435  
Degree Type: Doctor of Medicine  
Graduation Date: May 26, 2017

Wright State University  
3640 Colonel Glenn Highway, Dayton, OH 45435  
Degree Type: Bachelor’s of Science in Biological Sciences – University Honors Scholar  
G.P.A.: 4.000 / Class Rank: Summa Cum Laude  
Graduation Date: December 15, 2012

Saint Clairsville High School  
102 Woodrow Avenue, Saint Clairsville, OH 43950  
Degree Type: Honors Diploma  
G.P.A.: 4.351 / Class Rank: 2/113  
Graduation Date: May 22, 2009

**Special Training and Certification**

American Heart Association - BLS and ACLS for Healthcare Providers Program  
Issue Date: July 2017; Recommended Renewal Date: July 2019

Baylor Scott & White Health - Art of Communication Course: July 2017

University of South Florida - What You Need to Know About Undiagnosed Atrial Fibrillation, An Under-Recognized Stroke Risk Factor Course: November 2018

**Work Experience**

September 2011 to May 2017  
President’s Ambassador – Office of the President  
Wright State University – 260 University Hall, 3640 Colonel Glenn Highway, Dayton, OH 45435  
Supervisor: Mrs. Teresa Bedwell – Executive Assistant to the President  
Email: teresa.bedwell@wright.edu

The President’s Ambassadors are a group of premiere students who are committed to and heavily involved in the Wright State University community. We serve as official representatives of Wright State University and the Office of the President at various Wright State University presidential events and meetings. We also give guided tours and meet with community leaders, alumni, donors, and dignitaries.

June 2010 to September 2010 and September 2011  
Orientation and First Weekend Team Leader – Enrollment Management  
Wright State University – 210 Medical Sciences  
3640 Colonel Glenn Highway, Dayton, OH 45435  
Supervisor: Mr. John Rogers – Director of Orientation  
Email: john.rogers@wright.edu
I conducted college orientation sessions for the incoming freshman and their families, and I provided campus and housing tours. I also answered any questions that students or parents had about education and campus life. During move-in weekend, I was assigned a group of approximately fifty freshmen. I helped these students transition to college and facilitated the welcome week activities designed specifically for them.

**Publications**

March 2019 - Journal of the Endocrine Society  
Severe Iron-Deficiency Anemia Leading to Hypothyroidism  
Baylor Scott & White Medical Center  
300 University Boulevard, Round Rock, TX 78665  
Faculty Mentor: Dr. Shema R. Ahmad  
Email: shema.ahmad@bswhealth.org

Patients with thyroid disease have a high prevalence of iron-deficiency, but this is often times overlooked in the medical community. Treating a patient’s iron levels may be all that is needed to reverse his or her thyroid condition. Iodine is one of the main components of thyroid hormones; however, iodine requires iron in order for it to be fully utilized. Iron is an element that is essential for the human body to synthesize and metabolize the thyroid hormones. The body is dependent upon iron to convert thyroxine (T4) into the active hormone triiodothyronine (T3) via thyroid peroxidase (TPO). As such, low iron levels can impede thyroid function and patients can present with hypothyroid-like symptoms. In conclusion, it is always imperative to consider iron-deficiency as an etiology for hypothyroidism.

April 2019 - American College of Physicians Journal  
Reducing Unnecessary Labs in a Teaching Hospital  
Baylor Scott & White Medical Center  
300 University Boulevard, Round Rock, TX 78665  
Faculty Mentor: Dr. Trina Dorrah – Lead for Quality Improvement  
Email: trina.dorrah@bswhealth.org

In this age of desiring better health care with lower costs, reducing unnecessary laboratory testing can be beneficial to help accomplish both. Not only is cost an issue but ordering repetitive labs have consequences of further invasive testing that can lead to increased health risks and medical errors for patients. Physicians repeat labs in stable patients because fear of future abnormal labs, laboratory evidence to back clinical suspicion, defensive medicine, monitor the disease process, and clarify thought process to make medical decisions. Our goal was to reduce unnecessary laboratory test ordering by attending and resident physicians at the Baylor Scott & White Medical Center in Round Rock, TX by increasing awareness of excessive lab ordering with reduction of total lab frequency and lab frequency per patient by 10%. Overall, lab ordering frequency was reduced by 20% and there will be continued education to more health care providers.

**Research Experience**

September 2018 - Present  
Increasing Outpatient Colorectal Cancer Screening  
Baylor Scott & White Medical Clinic  
425 University Boulevard, Round Rock, TX 78665  
Faculty Mentors: Dr. Anuj Sharma and Dr. Christopher Hearne  
Emails: anuj.sharma@bswhealth.org and christopher.hearne@bswhealth.org

Colorectal screening is recommended in average-risk patients ages 50 and older and that screening be continued until the life expectancy for an individual patient is estimated as less than 10 years. In the last year in both the internal medicine and family medicine clinics adjacent to our hospital, an average of 45% of our eligible patients had a colonoscopy. We would like to improve the colorectal cancer (CRC) screening to at least 63%, which is slightly above the national average. During this intervention, we will communicate with attending and resident physicians regarding the various methods to order CRC screening and how to correctly document CRC screening into patients’ charts in the electronic medical records. We will also investigate into the process of a PCP to GI referral for a colonoscopy and determine which issues in this process lead to patients not getting a colonoscopy.

**Leadership and Organizational Activities**

American College of Physicians – Advocate for Internal Medicine Network: July 2017 - Present  
American Medical Association – Resident Member: July 2017 - Present
Texas Medical Association – Resident Member: July 2017 - Present
Williamson County Medical Society – Physician Officer: July 2017 - Present
Baylor Scott & White Health – Population Health Task Force Committee: Physician Representative: July 2017 - Present
Baylor Scott & White Health, Internal Medicine Residency Program - House Staff Representative: July 2017 - June 2018
Baylor Scott & White Health, Internal Medicine Residency Program - Program Evaluation Committee: Resident Representative: July 2017 - June 2018
Baylor Scott & White Health, Internal Medicine Residency Program - Applicant Liaison: July 2017 - June 2018
Baylor Scott & White Health, Internal Medicine Residency Program - Cultural Committee: Social Chair: July 2018 - Present
American College of Physicians - Leadership Day on Capitol Hill: May 2019

Honors and Awards

Wright State University Dean’s List - Highest Honors - September 2009 - December 2012
Wright State University Presidential Scholar Semifinalist - June 2012
American Medical Association - National Minority Scholars Award Nominee - February 2014
Tylenol Future Care Scholarship - National Scholar Finalist - August 2014
Baylor Scott & White Health - Resident Research Day Award: Recognition of Scholarly Research – June 2018
The Endocrine Society - Presentation of Abstract for National Meeting - March 2019
Pan American Neuroendocrine Society - Presentation of Abstract for National Inaugural Meeting - March 2019
American College of Physicians - Acceptance of Abstract for National Meeting - April 2019
American College of Physicians - Young Achiever Award - April 2019

Volunteer Service

June 2017 - Present
B.A.P.S. Hindu Temple and Charities Volunteer – Youth Group Leader and Youth Networking Coordinator
12246 Running Bird Lane, Austin, TX 78758
Supervisor: Mr. Akshar Patel – Temple Administrator
Phone: 512-789-1277

As one of the youth group leaders for our temple, I present certain topics of the Hindu religion to young male devotees in high school and college. I collaborate with the other community leaders to come up with activities for the youth group. I plan and coordinate our annual Health Fair which provides health screenings influenza vaccinations to the underserved and uninsured populations and present Quarterly Health Awareness Lectures that focus on preventative lifestyle measures for the community.

Reference

Dr. Rakesh Surapaneni – Internal Medicine Residency Program Director
Baylor Scott and White Medical Center
425 University Boulevard – Suite 345, Round Rock, TX 78665
Phone: 512-509-3412
TMA Board, Council, and Committee Positions

Staff Note

Board, council and committee positions are elected annually, with this year’s term beginning at the conclusion of the TexMed Annual Meeting in 2019 and running through the TexMed Annual Meeting in 2020.

Both representatives and alternate representatives are required to attend all regular meetings of your particular group. Most councils and committees schedule their meetings in conjunction with a TMA conference. Therefore, they only meet three times annually which limits the time required away from your residency training. If ever you are unable to attend a meeting, please make sure that the TMA staff person to your group is notified and the TMA-RFS Coordinator, Karen Kollar. You should also make sure to contact the other resident or fellow appointed to your council or committee at least one week prior to the absence.

Attachment. TMA Board Council and Committee Nominations – Proposed Slate
TMA Board, Council, and Committee Nominations
2019-2020 RFS Representatives

PROPOSED APPOINTMENT SLATE

**Board of Trustees (1)**
Kayla Riggs, MD, Representative

**Texas Medicine Editorial Board (1)**
Justin Bishop, MD, Representative

**TMA Foundation Board of Directors (1)**
Justin Bishop, MD, Representative

**Board of Councilors**
Justin Bishop, MD, Representative
**Vacant**, Alt. Representative

**TEXPAC Board of Directors (2 Reps)**
Matthew McGlennon MD, Representative
Lalani Hussain, MD, Representative

**TEXPAC Candidate Eval Committee (1)**
Jane Gilmore, MD, Representative

**Council on Constitution and Bylaws**
(1st) Patrick Crowley, DO, Representative
**Vacant**, Alt. Representative

**Council on Health Care Quality**
Desh Mohan, MD, Representative
Michael Dakkak, MD, Alt. Representative

**Council on Health Promotions**
Bissy Varughese, MD, Representative
Vacant, Alt. Representative

**Council on Health Service Organizations**
Jayaprada Kasaraneni, MD
**Vacant**, Alt. Representative

**Council on Legislation**
Nazanin Ahmadieh, DO, Representative
Lalani Hussain, MD, Alt. Representative

**Council on Medical Education**
Amir Ahmadian, DO, Representative
Jerry Fan, MD, Alt. Representative

**Council on Practice Management Services**
Michael Dakkak, MD, Representative
**Vacant**, Alt. Representative

**Council on Science and Public Health**
Jennifer Fan, MD, Representative
Nita Kommula, MD, Alt. Representative

**Council on Socioeconomics**
Jayaprada Kasaraneni, MD, Representative
Abi Subramanian, MD, Alt. Representative

**Committee on Cancer**
**Vacant**, Representative
**Vacant**, Alt. Representative

**Committee on Child & Adolescent Health**
Laura Baker, MD, Representative
**Vacant**, Alt. Representative

**Committee on Continuing Education**
**Vacant**, Representative
**Vacant**, Alt. Representative

**Educational Scholarship & Loan Comm.**
**Vacant**, Representative
**Vacant**, Alt. Representative

**Committee on EMS & Trauma**
**Vacant**, Representative
**Vacant**, Alt. Representative

**Committee on Infectious Diseases**
**Vacant**, Representative
**Vacant**, Alt. Representative
Committee on Reproductive, Women's and Perinatal Health
Laura Baker, MD, Representative
Nita Kommula, MD, Alt. Representative

Committee on Medical Home & Primary Care
Desh Mohan, MD, Representative
**Vacant**, Alt. Representative

Committee on Membership (1)
**Vacant**, Representative

Patient-Physician Advocacy Committee
**Vacant**, Representative
**Vacant**, Alt. Representative

Committee on Physician Distribution & Health Care Access
Jerry Fan, MD, Representative
Jennifer Fan, MD, Alt. Representative

Comm. on Physician Health & Wellness
Amir Ahmadian, DO, Representative
**Vacant**, Alt. Representative

Committee on Rural Health
Abi Subramanian, MD, Representative
Nazanin Ahmadieh, DO, Alt. Representative

Committee on Transfusion and Transplantation
**Vacant**, Representative
**Vacant**, Alt. Representative

Ad Hoc Committee on Medicaid, CHIP & Uninsured
**Vacant**, Representative
**House of Delegates**

**Staff Note**

**Action.** The Section is asked to review the resolutions and reports submitted for TexMed 2019. These are online at [http://www.texmed.org/hod/](http://www.texmed.org/hod/) or in a printed Handbook for Delegates (limited copies available onsite).

On Friday of TexMed, the House of Delegates and its four reference committees consider the reports and resolutions. The Section is asked to consider providing testimony before the reference committee if there are items of importance to the resident section.

On Saturday of TexMed, the House of Delegates Business Session will convene to consider the reference committee reports. During this meeting delegates are allowed to extract and debate items from reference committee reports or approve of the recommendations made by the reference committee.

**Reference Committee Schedule**

**Friday, May 17, 2019**

9:30-Noon – Immediately Following Opening Session
- Financial & Organizational Affairs – Tower Lobby, Topaz
- Science & Public Health – Tower Lobby, Governor’s Lecture Hall
- Medical Education & Health Care Quality – Tower Lobby, Senator’s Lecture Hall
- Socioeconomics – Tower Lobby, Sapphire

**House of Delegates Business Session**

**Saturday, May 18, 2019**

8:30-Noon
Tower Lobby, Expo Hall

Follow the progress of each Reference Committee on your mobile device at: [http://refcom.texmed.org](http://refcom.texmed.org)
The Resident Fellow Section was originally established by the House of Delegates to; encourage participation in shaping the future of medicine in Texas by active involvement in Texas county medical societies, the Texas Medical Association, and the American Medical Association. Their purpose is to foster dialogue between individuals and organizations within medicine; promote and aid in programs which may serve to unify and give direction to health-related activities at all levels of education; and provide a good and useful service to the residents and fellows in Texas.

**Section Activities**

The RFS meets three times annually in conjunction with all TMA meetings. During Winter and Fall Conferences, the RFS has joint meetings with the YPS. These joint meetings continue to be well received and attended. Additionally the RFS and YPS host a mixer at all three conferences, which are also very popular.

During their meeting at TexMed 2018 elections were held for RFS Executive Council positions and the following residents were elected for a term of one year:
- Chair-Elect, Arindam Sarkar, MD
- Secretary, Carla Khalaf McStay, MD
- TMA Delegates; Fatma Ahmed, MD, Michael Dakkah, DO, Dara Grieger, MD and Jaya Kasaraneni, MD, MHA
- TMA Alternate Delegates; Steven Blake Baker, MD, Patrick Crowley, DO, Collin Juergens, MD and Sujan Reddy, MD

The section meeting at Fall Conference featured a presentation on integrated leadership for hospital and health care systems and was presented by TMA member, James Rohack, MD.

During their Winter Conference meeting the section held discussion on supporting resolutions introduced by section members. The section also held elections and Kayla Riggs, MD was elected to be the Board of Trustees resident representative and Theresa Phan, MD was elected to be the resident AMA Alternate Delegate position on the TMA delegation.

During the AMA RFS meeting at AMA 2018 Interim meeting Ellia Ciammaichella, MD, was elected to be a Delegate and Michael John Metzner, MD was elected to be an Alternate Delegate.

**Planned activities**

The section plans to continue conducting joint meetings with the YPS and hopes to increase member participation in section meetings. Future plans include focusing on increasing Texas resident attendance and participation at meetings.
Information. TexMed registration is free to TMA physician members through vendor sponsorships and exhibit fees. Board, council, committee, and section members are encouraged to visit the Expo Hall to learn of new products and services that can enhance their practices and to thank vendors for their support. The more traffic vendors see, and meaningful conversations they hold in the exhibit hall, means less turnover of vendors from year to year. TMA has invited TMA physician members’ practice staff to attend TexMed for free. Practice managers and staff are usually tasked with finding practice solutions, and this will provide them with convenient access to those practice vendors and vice versa. Areas of note in the Expo Hall include:

Physician Lounge
Sponsored by Humana. Connect with colleagues while enjoying morning pastries, and coffee during the day. You can recharge your personal devices at the communal charging tables.

TMA Member Services (Foyer, Booth #102)
Stop by to learn more about TMA benefits and services. Have questions? Stop by the TMA Knowledge Center to get answers.

Expo Bingo
Grab your Expo Bingo card from your conference bag or pick one up at The Hub. Visit nine of the participating exhibitors each day, and attend a Physician Lounge talk listed on the card, then enter to win one of several fabulous prizes.

The Hub
Sponsored by TAS United Medical Exchange. Take a break from the serious stuff and visit The Hub. Expo Bingo winners will be posted, so stop by frequently to see if you or someone you know is a winner! There’s a “par-tee” at The Hub – test your golf-pong skills. See how good you are and challenge your peers to beat you!

Walk With a Doc
On Saturday at 7 am meet at the TMA Foundation booth (Foyer, Booth #4) for a one-mile walk around the property, which finishes in the Physician Lounge just in time for coffee and pastries.

Physician Lounge Talks
Stop by for informal discussions on important topics in the Physician Lounge. QualityQuick Tips, sponsored by TMF Health Quality Institute, TMA Best Practices, presented by the TMA Council on Practice Management Services, and more.

Therapy Animals
Sponsored by Hill Country Tech Guys. Stop by and pet the adorable dogs from Heart of Texas Therapy Dogs (Booth #11). Heart of Texas Therapy Dogs is a volunteer-run nonprofit that brings people and animals together.
TexMed 2019 Professional and Leadership Development CME Track

Staff Note

Presented by the TMA Committee on Membership, TMA Young Physician and Resident and Fellow Sections, and TMA Leadership College Alumni under the direction of Gabriela Zandomeni, MD
Friday, May 17, 2019, Tower Lobby, Topaz

- 2.00 AMA PRA (Cat 1) credits
- 2.00 Ethics credits
- 2.00 AAFP (P) credits

Target Audience: Physicians, residents, students and other health care professionals in all areas of practice

- 1:00 PM: Online Reputation Management (ETHICS)
  Steve Levine, Vice President - Communication, TMA, Austin

- 2:00 PM: Intergenerational Conflict in the Workplace (ETHICS)
  Amanda Veesart, PhD, RN, CNE, Associate Professor and Program Director, Texas Tech University Health Sciences Center School of Nursing, Lubbock
2019 TexMed Young Physicians and Residents Meet-Up

Staff Note

Designed for all Young Physicians and Residents to meet informally for networking, we will have keynote speaker Dr. Wendy Sue Swanson there to meet and greet, and have informal discussion about technology and social media in health care.

Friday, May 17, 2019
1-1:30 pm
Tower Lobby, Expo Hall, Physician Lounge
You’re Invited!
Student, Resident, and Young Physician Mixer

Friday, May 17
10 pm-Midnight
Gossip Bar
The TMA Leadership College (TMALC) was established in 2010 as part of TMA's effort to ensure strong and sustainable physician leadership with organized medicine. TMALC graduates serve as thought leaders who can close the divide among clinicians and health care policymakers, and as trusted leaders within their local communities. The TMA Leadership College was designed for active TMA members under the age of 40 or who are in the first eight years of practice.

The TMA Leadership College is supported by an educational grant from The Physicians Foundation. The Physicians Foundation is a nonprofit 501(c)(3) national organization that seeks to advance the work of practicing physicians and to improve the quality of health care for all Americans.

Applications are now being accepted for the Class of 2019. For full program details and the link to the online application, visit the TMA website at www.texmed.org/leadership.

Completed online applications, which must include two reference letters, an updated CV, and headshot must be submitted by June 14, 2019.
UPCOMING EVENTS

Event: AMA Annual Meeting
Date: June 8-12, 2019
Place: Hyatt Regency Chicago
Chicago, IL

Event: TMA Fall Conference
Date: September 13-14, 2019
Place: Hyatt Lost Pines
Bastrop, TX

Event: AMA Interim Meeting
Date: November 16-19, 2019
Place: Manchester Grand Hyatt
San Diego, CA

*TMA Bylaws provide “if any member fails to attend two consecutive scheduled meetings, the position shall be declared vacant.”

STAY CONNECTED

Texas Medicine Today – Since Jan. 2, TMA replaced most of its regularly scheduled newsletters with a daily email called Texas Medicine Today, which you can tailor to fit your specific interests. This email features stories that cover a variety of topics, including community and public health, advocacy, and practice help. As a member, you automatically will receive the emails. To customize the types of stories you receive, log on to your TMA profile and update your interests.