Figure 1. Emergent Model for Stress and Coping for People Living With HIV in Texas

- Stress
  - Housing Strain
    - Limited Financial Abilities
      - Limited Choice
      - Financial Support
      - Unexpected Costs
      - Parameters for Assistance
    - Medication
      - Necessities
  - Internal Pressures & Psychosocial Resiliency
    - Substance Use
      - Living Environment
        - Quality
      - Limited Choice
    - Lifestyle Continuity
      - Increasing Use
      - Health Consequences
    - Self Image
      - Changing Outlook
      - Faith
  - Relationship Dynamics
    - Friends
      - Intimate Partners
      - Family
    - Adaptive Coping
      - Activating Social Support
      - Allies in Disclosure
      - Family Support
    - Maladaptive Coping
      - Substance Use Engagement
      - Rationalizing Use
      - Self Medicating

Maladaptive Coping
Adaptive Coping