During this year's legislative session, most of Texas’ physician-legislators co-sponsored the first-ever Walk with a Doc (WWAD) Texas event at the Capitol, which attracted more than 40 participants on a walk around the Capitol grounds. See who walked the talk at www.texmed.org/wwad.

Funded with a grant from TMAF, WWAD Texas is TMA’s newest community outreach program that promotes physical activity through monthly walks led by physicians. More than 40 TMA member physicians currently host walks in their own communities across Texas. Top WWAD Texas donors are TMA Insurance Trust and Prudential.

TMA Expands Health Promotion Impact with 2018 Grants

Cancer, diabetes and obesity are among the health issues that TMA’s 2018 health improvement initiatives are tackling thanks to $576,163 in grants approved by the TMA Foundation Board of Trustees.

New in 2018 will be a HPV Social Media Campaign, which aims to increase awareness of the importance of human papillomavirus (HPV) vaccination to reduce the risk of certain cancers. The social media strategies will target older teens/young adults in small- to medium-sized college towns with lower than-average HPV vaccination rates. The campaign supports the public education component of TMA’s HPV Working Group and TMA’s Council on Health Promotion.

TMA’s signature community outreach programs (Hard Hats for Little Heads, Be Wise — ImmunizeSM and Walk with a Doc Texas) all received funding, as well as the TMA Minority Scholarship Program, the expanded TMA Ernest and Sarah Butler Awards for Excellence in Science Teaching and University of Health. Learn more about how you can volunteer for these initiatives and support them with your donations to TMAF at www.tmaf.org.

Be Wise — Immunize is a service mark of the Texas Medical Association.
Have You Heard?
An unusual and noteworthy thing happened when it comes to philanthropy in America last year. Charitable giving from individuals, foundations and corporations increased in 2016 (spurred largely by individuals!). This increase includes giving to health related causes, as well as the other eight categories of recipients. All of this is according to Giving USA's report released in June. What's remarkable is that this occurred during a year that many would say was full of uncertainty and change. I think it speaks most admirably to our indomitable belief that we can make an impact and even fill a void in what we believe needs to be done to address issues that are most important to each of us.

At TMA Foundation we see philanthropy as a form of collaboration with Medicine, Business, Community and individuals, each bringing their unique expertise, resources and volunteer spirit that improves the health of all Texans.

Thanks to your generous and continued support, this collaboration continues to make a dramatic impact, carrying out TMA's signature community outreach programs, such as Hard Hats, Be Wise and Walk with a Doc Texas. There are new foundation-funded initiatives as well. Sponsored by county societies and alliance and medical student chapters, these efforts help parents and children make healthier food choices and get more physically active, provide donated specialty care to the underserved, aid low-income residents with smoking cessation and more.

Thank you for believing in the power of philanthropy to improve the health of all Texans. Thank you TMA members and TMA Alliance members who partner with business and community to visibly and effectively help Texans achieve and maintain better health. With your continued support, we can do even more to address the health problems and opportunities that are important to us all.

Yours in good health,

Leslie H. Secrest, MD
President
TMA Foundation

P.S. We are grateful to our fall newsletter underwriters, TMA Insurance Trust and Frost!
Celebrate 25 Years of Great Health at TMAF Anniversary Gala

In 2018, TMA Foundation will celebrate 25 years of creating a *Healthy Now* and a *Healthy Future*. The fete is scheduled during TMA’s Annual Meeting (TexMed) from 6:30 to 10:30 pm Friday, May 18, 2018 at the JW Marriott Hill Country Resort and Spa in San Antonio. Dress is cocktail attire.

More than 500 physicians, community and business leaders, and friends of medicine will enjoy a cocktail reception, seated dinner, dancing to live musical entertainment by Matchmaker Band, and silent and live auctions with unforgettable items. Proceeds from the silver gala will support TMA’s health improvement, science and quality-of-care programs.

Sponsorships are available at various recognition levels ranging from $3,000 for a table for eight to $50,000 for the presenting sponsorship. Individual tickets may be purchased for $220 each. Special tickets with VIP access and additional recognition and reception are $270.

For more information or to purchase tickets, contact TMA Foundation at (800) 880-1330, ext 1664 or (512) 370-1664, or visit www.texmed.org/gala.

Thanks to Our 2018 Gala Sponsors
(as of Oct. 27, 2017)

- Pfizer
- Texas Medical Association Insurance Trust
- Pathology Reference Laboratory
- Baylor Scott & White Health
- Austin Geriatric Specialists *(in honor of Dr. Peggy Russell)*
- Frost
- Luther King Capital Management
- The Quantitative Group at Graystone Consulting
- Rudd and Wisdom Inc.
- TMF Health Quality Institute
- Dr. Steve and Sharon Robinson

Collaborators Are Honored

The collaboration among Medicine, Business and Community is what enables the foundation to keep innovating and funding worthy programs that create a Healthy Now and a Healthy Future for more Texans. The foundation recognizes its valued institutional donors for cumulative years of support with its Corporate Leadership Circle Award at five, 10, 15 and 20 years.

We salute these valued donors who reached leadership levels and received awards during 2017. See a complete list of all 65 Corporate Leadership Circle members at www.texmed.org/TMAFCLC.

- **Gold (20+ years)**
  - Vaughan Nelson Investment Management

- **Silver (15-19 years)**
  - Tarrant County Medical Society

- **Red (10-14 years)**
  - Hidalgo-Starr County Medical Society
  - John P. McGovern Foundation
  - McLennan County Medical Society
  - TMF Health Quality Institute

- **White (5 – 9 years)**
  - Jefferson County Medical Society
  - University of Texas Health Science Center at Houston
Foundation Celebrates Efforts of TMA and TMA Alliance Members to Improve Health of the Community

Texans in six communities will be protected from the flu, receive donated specialty care, be screened for Hepatitis C and more thanks to grants recently approved by the TMA Foundation Board of Trustees.

Nearly $22,000 in grant support was awarded to the following TMA county medical societies and alliance and medical student chapters to improve the health of their community. The second and final 2017 deadline to apply to the TMAF grant programs is Dec. 15. Applications will be acted on at TMAF’s January 26, 2018 meeting. Go to www.texmed.org/TMAFGrantInfo/ to learn more about requirements and apply. Read more about these funded programs at www.texmed.org/Fall2017Grants/.

1 Project Access Tarrant County/Tarrant County Medical Society
This community collaboration provides compassionate specialty care for Tarrant County’s uninsured working poor through a network of volunteer physicians (TMA members), partnering hospitals, donated ancillary services, charitable community clinics and other providers.

2 Immunization Project/Tarrant County Medical Society Alliance Foundation (TCMSAF)
The TCMSAF provides funding, volunteers, and leadership to the Immunization Collaboration of Tarrant County which annually serves more than 7,000 children with 20,000 doses of vaccine and distributes nearly 20,000 pieces of education materials.

3 Alliance Refugee Wellness Fair/Baylor College of Medicine
This annual event provides medical, preventive and educational resources to the underserved refugee population that has resettled in Harris County.

4 Aggie Health Project: Hepatitis C/Texas A&M Health Science Center College of Medicine
The homeless and indigent of Temple and Bell County will receive health maintenance screenings, including Hepatitis C and referral to community partners, if indicated.

5 HOPE Health Fair (Helping Others Through Partnered Empowerment)/University of Texas Medical Branch
This collaborative event provides vaccines, health screenings and a meal to at least 250 homeless and uninsured individuals living in Galveston.

Drive Thru, Prevent Flu/Lamar Delta County Medical Society
The Lamar-Delta County Medical Society is partnering with the Paris-Lamar County Health District and other community groups to offer a “drive-thru” influenza shot clinic to protect 400 citizens, age 18 and older.
Meet the Board

New physician members to the TMAF board who began their first three-year terms are:

**Raymond Moss Hampton, MD**, is a Midland board-certified obstetrician-gynecologist in practice for 33 years. Dr. Hampton also is a professor in the Department of Obstetrics and Gynecology at Texas Tech University Health Sciences Center of the Permian Basin.

**Carla F. Ortique, MD**, is a Houston obstetrician-gynecologist, who cares for patients at Women's Specialists of Houston at Texas Children's Hospital. She also is a clinical instructor in the Department of Obstetrics-Gynecology at Baylor College of Medicine.

**Steven H. Kelder, PhD**, of Austin, is a professor in the Division of Epidemiology, Human Genetics, at The University of Texas School of Public Health and associate dean of the Austin campus.

Two TMA section representatives began one-year terms:

**Arindam Sarkar, MD**, Houston, a physician in residency at Baylor College of Medicine, is the TMA Resident and Fellow Section representative; and

**Sinan Ali Bana**, Sugar Land, a third-year medical student at Texas A&M Health Science Center College of Medicine, will represent the TMA Medical Student Section.

Learn more about these leaders at www.texmed.org/TMAFNewBoard.

Foundation Launches Family of Funds

The inaugural fund established under TMAF’s new “Family of Funds” is the TMAF Hispanic Nursing Scholarship Trust Fund of Dr. Roberto J. and Agniela (Annie) M. Bayardo.

The Family of Funds will serve as the umbrella for TMAF funds and endowments that support the charitable health improvement and education goals of TMA and TMAA members and the related efforts of TMA county medical societies and TMA alliance and medical student chapters.

The Bayardo Trust Fund will provide scholarships annually for nursing students in Harris and Travis counties and will be administered respectively by the Harris County Medical Society Alliance Philanthropic Fund and the Travis County Medical Society Alliance Foundation. The first six scholarships, in the amount of $4,500 each, were awarded this summer.

Funds and endowments eligible to be part of this program are subject to the approval of the TMA Foundation Board of Trustees in accordance with TMAF policies, procedures and legal considerations. For more information, contact Lisa Stark Walsh, TMAF Executive Director at lisa.walsh@texmed.org or (800) 880-1300, ext 1666.

Board Members Thanked for Service

At the TMAF annual meeting in May, board members completing their service and officer positions received commemorative gifts and sincere thanks from the board and staff.

Deborah A. Fuller, MD, 2015-2017 TMAF President, (left), presented Jessica A. Best, MD with a gift in thanks for her membership on the board as the 2016-2017 TMA Resident and Fellow’s Section Representative.

Deborah A. Fuller, MD, 2015-2017 TMAF President, presented Carlos J. Cardenas, MD, with a gift in thanks for his membership on the board as the 2016-2017 TMA President-Elect.

Deborah A. Fuller, MD, was presented with a gift in thanks for her service as 2015-2017 TMAF President by Leslie H. Secrest, MD, the newly elected 2017-2019 TMAF President.
TMA Foundation Thanks Its Stars!

For the 11th year, the John P. McGovern Foundation of Houston, a longtime supporter of TMA Foundation, has matched the first $10,000 in contributions to the Star Campaign.

These generous donors rose to the challenge and obtained the match, resulting in more than $20,200. Many thanks to all who donated.

GOLD STAR
Alan C. Baum, MD
Dr. & Mrs. Fred F. Carochi
Mrs. Diane Finch Grant
in memory of Earl Grant, MD
R. Moss Hampton, MD

SILVER STAR
Perry Eugene Bassett, MD
Bexar Alliance
Dallas Alliance
Dayna G. Diven, MD
Jacobs Technology, Inc.
Clear Lake Group
Kerr-Bandera Alliance
Faraz A. Khan, MD
Dr. Bruce & Mary Meyers
Midland County Medical Society
Nueces County Medical Society
Daniel B. Pearson III, MD
Susan Pike, MD and Harry
Papaconstantinou, MD
Potter-Randall County Medical Society
Drs. Rajam & Somayaji Ramanurthy
Smith County Medical Society
Top O'Texas County Medical Society

BRONZE STAR
Edwin C. Augustat, MD
Linda Berthelsen
Ralph F. Heaven Jr., MD
Mary Love Henderson
Dr. & Mrs. Laurance N. Nickey
Ohio State Medical Association
William H. Quayle Jr., MD
Mary & Michael Speer

CONTRIBUTING STAR
Harwin B. Jamison, MD
Jose Miguel Duran, MD

TMA Foundation 2017 Gala Was Out of This World!

Nearly 500 guests enjoyed cocktails, dinner, bidding on space-related experiences, political memorabilia, jewelry (and more) and danced until closing to Matchmaker Band at the TMA Foundation (TMAF) 24th Annual Gala, BLAST OFF!, on May 5th.

Thirty-four table sponsors and nearly 150 additional individuals gathered at the recently opened Marriott Marquis Houston to raise funds for initiatives funded by TMAF. These include Walk With a Doc Texas, TMA’s Hard Hats for Little Heads, plus dozens of local health improvement programs sponsored by county medical societies and alliance and medical student chapters of TMA.

“Our goal is to build on the success of this gala, which raised a gross total of more than $325,000,” said Leslie H. Secrest, MD, TMAF president.

The annual gala serves as the largest fundraiser and supports TMAF and the charitable programs of TMA and the Family of Medicine. Learn more about the work of TMAF and the outstanding programs it funds at www.tmaf.org.

See your BLAST OFF! friends and colleagues at www.tmaf.org/gala.

TMAF Donors “Made a Difference” for Hard Hats for Little Heads

The Make-A-Difference drive at the gala was a huge success! Gala attendees donated $14,150 for TMA’s Hard Hats for Little Heads, which earned a $10,500 match from an anonymous TMA member physician and spouse. Combined, a total of $24,650 was raised for the award-winning program. This is the sixth year the donor couple has offered the generous matching donation. See a list of donors at www.texmed.org/2017MakeADifference.
A silent auction, featuring more than 70 items, included jewelry, travel packages, space-themed items and other treasures, helped raise more than $25,000.

TMA Foundation board members Deborah A. Fuller, MD and E. Linda Villarreal, MD (center) joined the crowd on the dance floor.

For the tenth successive year, Frost has presented a gift to TMA Foundation that helps underwrite the Fall TMAF newsletter. Phil Norman, with Frost’s San Antonio office (right) presented this generous gift to TMAF President, Leslie H. Secrest, MD (left), at the gala.

For the audience, the musical performance provided by The Matchmaker Band. Look for The Matchmaker Band to make a return engagement at the 2018 TMA Foundation gala in San Antonio!

Thank You to Our Top Sponsors!

With their generous support, these sponsors ensure the continuation and expansion of TMA’s charitable initiatives. See a full list of sponsors at www.texmed.org/2017sponsors.

**Galaxy Patron**
H-E-B

**Pulsar Patrons**
Pfizer, Inc.
Texas Medical Liability Trust

**Meteor Patron**
TMA Insurance Trust
UnitedHealthcare
UTMB Health

**Orbit Sponsors**
Frost
Prudential
Texas Health Resources
UNTHSC

Guests at the gala show off their space-themed outfits. From left to right: TMA President Carlos J. Cardenas, MD, in a NASA patch jacket; Barbara Hauser in her original Astrodome Spacette outfit, which was worn by usherettes when the dome opened in 1965; and Susan M. Pike, MD, TMAF Vice-President in a NASA space suit.

TMA Foundation board members Deborah A. Fuller, MD and E. Linda Villarreal, MD (center) joined the crowd on the dance floor.

(L to R) Susan M. Pike, MD, Don Read, MD and Roberta Read pose with “Unity,” the space suit loaned to TMAF from NASA Johnson Space Center. “Unity” is assembled from hand-painted swatches provided by the space centers that partnered to build the International Space Station and by children’s hospitals around the world, symbolizing the global issues surrounding childhood cancer. TMAF thanks TMA president, Carlos Cardenas, MD, for introducing the foundation to his brother-in law who works at NASA and facilitated the loan.

The audience fell in love with the musical performance provided by The Matchmaker Band. Look for The Matchmaker Band to make a return engagement at the 2018 TMA Foundation gala in San Antonio!
Kudos

Ernest C. Butler, MD, Austin, recently was elected chairman of the Austin Symphony Orchestra Board of Directors.

Diana Fite MD, Tomball, was awarded the Distinguished Alumni Award from the UTHealth McGovern School of Medicine in a ceremony at the school this fall.

Michael Speer, MD, Houston, was awarded the 2017 Baylor College of Medicine Master Clinician Award, the highest institution-wide honor for faculty contributions to patient care.

Nalin Tolia, MD, Odessa, who retired Oct. 1, recently was honored for years of dedication in teaching medical students and residents as Clinical Professor in the Department of Surgery at Texas Tech Health Sciences Center of Permian Basin. The Samaritan Counseling Center of West Texas also recognized Dr. Tolia and his wife Kamal Tolia, MD, as Family of the Year from Odessa.

E. Linda Villarreal, MD, Edinburg, recently was recognized as the Edinburg Chamber of Commerce 2017 Woman of the Year at the chamber's annual banquet. The recognition is based on improving the quality of life of others through volunteerism, personal commitment, and service.

A Dozen Medical Students Receive TMA Scholarship

Donors to TMAF are helping to create the next generation of physicians through support of the 2017 TMA Minority Scholarship Program (MSP) which awarded 12, $10,000 scholarships during TMA’s TexMed in May in Houston.

Students were selected for their academic achievement, commitment to community service, and desire to care for Texas’ increasingly diverse population. TMA created the Minority Scholarship Program in 1998 to help diversify the physician workforce to meet the health care needs of Texans. Read more about this year’s winners at www.texmed.org/2017MSPRecipients.

More than 20 individual and institutional donors supported the program this year. Majority support comes from a TMAF trust fund established by Dr. Roberto J. and Agniela (Annie) M. Bayardo.

To see a list of this year’s donors visit www.texmed.org/2017MSPDonors and learn more about the MSP at www.tmaloanfunds.com.

TMAF Awards First Matching Grant

Project Access Tarrant County (PATC) has been awarded a $10,000 matching grant from the foundation. The grant is made possible thanks to TMAF’s ongoing effort to build its General Endowment. Last year, TMAF donors contributed $1 million dollars to the endowment, which is designed to support innovative programs and TMAF capacity.

The matching grant helped Tarrant County Medical Society attract new donors and encouraged existing donors to increase their support in order to raise the $10,000 required to win TMAF’s matching grant of $10,000. Learn more about how PATC is helping the uninsured to receive needed specialty care at www.tcms.org/PATC.aspx.
A Balanced Approach to Giving

The two hurdles we hear most when it comes to giving are lack of resources and a desire to put family first. We can help! Read on to see how these obstacles are easily overcome.

**Obstacle: Family Obligations**
*I have children and grandchildren to worry about, and they come first.*

**Solution**: Estate planning attorneys can explain the various methods available to fulfill your philanthropic desires without jeopardizing your family's security. The easiest approach is to remember us through a gift in your will or living trust. This gift supports our future work and you can change your mind at any time.

**Obstacle: On a Budget**
*I am not rich. There is only so much money to go around.*

**Solution**: Rather than make a gift of cash now to support our work, consider the following giving options. Bonus: they also offer important tax savings for you and your family:

- **Stock**. For gifts of appreciated stock that you have owned longer than one year, you receive an income tax charitable deduction for their full fair market value — not the price you originally paid for them.
- **Life insurance policies**. You can donate a policy you no longer need or simply name our organization as the beneficiary.
- **Retirement plan assets**. Highly taxed when left to heirs, this makes an excellent charitable gift after your lifetime.
- **Real estate**. You can donate your home now and still live there for the rest of your life.

We can help you identify a gift to fit your goals. Contact us today to learn how you can make a big impact on our organization.

The information in this publication is not intended as legal or tax advice. For such advice, please consult an attorney or tax advisor. Figures cited in examples are for hypothetical purposes only and are subject to change. References to estate and income taxes include federal taxes only. State income/estate taxes or state law may impact your results.

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**New Officers Elected**

The TMA Foundation (TMAF) Board of Trustees elected officers at its May 4, 2017 annual meeting in Houston. Officers serve a two-year term.

- **President**, Leslie H. Secrest, MD, a Dallas psychiatrist;
- **Vice President**, Susan M. Pike, MD, a Round Rock board-certified plastic surgeon;
- **Secretary**, Rajam S. Ramamurthy, MD, a San Antonio neonatologist; and
- **Treasurer**, Michael E. Speer, MD, a Houston neonatologist.

Posing with a space suit on loan from NASA for the annual gala, BLAST OFF!, the new officers are (L to R): Leslie H. Secrest, MD, president; Susan M. Pike, MD, vice president; Michael E. Speer, MD, treasurer; and Rajam S. Ramamurthy, MD, secretary. Not pictured is Kate Rogers, Executive Vice President of The Holdsworth Center, who was elected Executive Committee Member-at-Large.

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**Being a Pulse Donor**

means it’s easier than ever to make your charitable donation to TMAF! Decide the amount and frequency of your gift and which credit card to use, and you’re all set!

**Be Recognized!**

+ In TMAF newsletters
+ At TMA’s three annual meetings
+ On TMAF’s website

For more information or to schedule your Pulse Donor gift, contact TMAF at (800) 880-1300, ext. 1466, email marilyn.anderson@texmed.org or visit www.tmaf.org.
Impact on Science Education Widespread with More Awards

This year, TMA more than doubled the number of winners in its Ernest and Sarah Butler Awards for Excellence in Science Teaching program (STA). With increased funding from TMA Foundation, 12 teachers and their schools were recognized with cash awards for exemplary teaching and hands-on science education. One of the 12 received an overall award as well.

Core support is provided through a TMAF endowment established by Dr. and Mrs. Ernest C. Butler, Austin. To help support the expansion, the Butlers made a generous $200,000 gift to their endowment this year, and Roberto J. Bayardo, MD, Houston contributed $150,000 to the fund.

Join these leaders in supporting science literacy and excellence in science teaching at https://tmaf.ejoinme.org/donate. Learn more about this program and this year’s winners at www.texmed.org/teachers/.