

**Table 3. Selected counseling characteristics by race and ethnicity.\***

<b>Characteristic</b>	<b>All Subjects (n=548)</b>	<b>Whites (n=358)</b>	<b>Hispanics (n=112)</b>	<b>African Americans (n=78)</b>	<b>P</b>
Dietary counseling					.47
By PCP	50.4	51.7	50.0	44.9	
By OSMD	12.4	11.7	11.6	16.7	
By Nurse	11.7	12.6	7.1	14.1	
None/unknown	25.6	24.1	31.3	24.4	
Exercise counseling					.82
By PCP	51.8	52.8	51.8	47.4	
By OSMD	11.1	11.2	10.7	11.5	
By nurse	6.2	6.7	5.4	5.1	
None/not known	30.9	29.3	32.1	36.0	
HBGM counseling					.11
By PCP	50.8	47.6	58.0	55.1	
By OSMD	10.3	11.5	7.1	9.0	
By Nurse	8.8	9.6	5.4	10.3	
None/unknown	30.1	31.3	29.5	25.6	
*Data presented are column percentages. PCP = primary care physician; OSMD = other specialty physician (eg, endocrinologist); HBGM = home blood glucose monitoring.					