Enhancing Mental Health Outcomes and Clinic Profitability with Innovative Care Strategies

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1. Patient App
2. Staff/Provider Dashboard
3. Improved Profitability
4. Research on Remote Patient Monitoring
5. Q&A
App For Patients

- **Continuity of Care** - Patient monitoring in-between appts.
- **Customization** - Configurable to the needs of a practice and their patients.
- **Connected Devices** - Automatically captures sleep and exercise as well as vital signs such as BP, weight, BS, and SpO2.
- **Mental Health Monitoring** - Tracked with patient-reported outcome measures such as PHQ-9, GAD-7, etc.
- **Patient Journal** - Many uses including gratitude journal, notes for provider, tracking diet, and any exercises recommended by the therapist.
- **Visualizing Data** - Patients can easily see their progress
- **Patient Rewards** - Boosts motivation and adherence to treatment plans

**Discover a New Approach to Mental Healthcare**

It’s time to place the power of health in your patients’ hands
Staff/Provider Dashboard

- **Bird’s eye view** - Quick insight into your patient population’s health outcomes.
- **Trend Analysis** - Diver deeper into a patient’s daily, weekly and monthly health data.
- **Periodic Assessment** - Choose from a library of assessments, determine the frequency and receive results in a PDF.
- **Clinical Interventions** - Send customizable notifications to an entire patient population, group of patients or individuals.
- **In-APP Timer** - Tracks staff time spent on patient monitoring which is billed to insurance
- **Alerts for Vital Signs** - Customizable limits that notify patients and staff
Improved Profitability

Remote Therapeutic Monitoring
$175 per patient / month

Remote Patient Monitoring
$200 per patient / month

$20 per patient/month for measurement-based assessments
Covered by insurance
Research on Remote Patient Monitoring

- Improved Health Outcomes
  - Chronic Health Failure Management
  - Metabolic Diseases/Weight Management
  - COPD
  - COVID-19 Symptom Monitoring
  - Reduced ED visits and Hospitalizations

- Reduced Malpractice Liability
  - Facilitating Communication
  - Enhancing Documentation
  - Adhering to Evidence-Based Practices
  - Improving Patient Follow-Up and Accessibility
Research Supporting Improved Health Outcomes


