

Texas Medical Association

Resident and Fellow Exclusive Member Benefits

TMA, your trusted source for all your professional and practice needs



You have a lifetime partner in TMA. We understand the issues you are facing today and are prepared to meet your needs now and at every stage of your career.



Physicians Caring for Texans

The Resident and Fellow Section (RFS) is an organized membership section of TMA that helps focus attention on issues unique to Texas resident physicians and provides a forum for residents and fellows to communicate with each other and the membership at large. In addition, as an RFS member, you can help create TMA policy and help shape the environment in which you will one day practice medicine. Participation in the RFS is a complimentary benefit of your TMA membership.

You have a lifetime partner in TMA. We understand the issues you are facing today and are prepared to meet your needs now and at every stage of your career. Here is what TMA offers residents:

Help With Transitioning to Practice

- Consulting services at below-market rates for expert advice in setting up your new practice and operating it efficiently from the start;
- Professional liability insurance through the Texas Medical Liability Trust;
- Free seminars on debt management, asset protection, medical liability risk management, and new practice set-up;
- Major medical, life, and disability insurance and financial services through the Texas Medical Association Insurance Trust;
- Employment and recruitment contract negotiation guide.
- Learn @ Lunch webinars.

Resources for Surviving Residency

- Low interest rates on resident and graduate medical educational loans;
- Licensing and credentialing information (e.g., *Texas Jurisprudence Manual and Study Guide*, continuing medical education checklist, and FAQ guide);
- Legislative advocacy on issues that residents identify, such as resident work hours and physician-in-training permits;
- Continuing medical education opportunities, including on-demand Webinars and home studies;

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Resources *(continued)*

- TMA's information-packed Web site, www.texmed.org, with extensive online library resources and a page for residents at www.texmed.org/residents;
- Rapid access to the association's accumulated expertise in health care, health law, practice management, medical economics, and public health via TMA Knowledge Center; and
- RFS e-newsletter, e-mail updates, and dedicated staff resources.

When you join the Texas Medical Association, you become a conjoint member of TMA and your county medical society, where you will find local support and resources. To join TMA and your county medical society, simply log on to <http://join.texmed.org>, or contact your county medical society directly.

Opportunities for Leadership

- Run for an elected position on the RFS Executive Council: chair-elect, secretary, TMA delegate (four positions), or TMA alternate delegate (four positions);
- Sit among top physician leaders and represent the RFS on a TMA board, council, or committee that recommends policy to TMA in your area of interest, such as legislative affairs, child and adolescent health, or medical education; and
- Attend RFS meetings and network with other residents, enhance your knowledge of the medical profession, and help develop recommendations for TMA policy.
 - Meetings are held in conjunction with TMA Winter Conference (January/February), TexMed (April/May), and TMA Fall Conference (September/October).
 - RFS provides a stipend to help cover costs associated with travel to RFS-sponsored events.

Make a Difference in Your Community

- Support TEXPAC, TMA's political action committee, which actively endorses candidates for public office who support medicine's agenda;
- Join us for First Tuesdays at the Capitol, TMA's organized visits to legislators during the state legislative session;
- Reach out with TMA's public health initiatives, such as Be Wise — ImmunizeSM, which provide resources you can use to help your community; and
- Join the American Medical Association, which strengthens the voice of medicine at the national level.

Be Wise — Immunize is a service mark of the Texas Medical Association.



Join your colleagues from across the state who already benefit from TMA membership.
Join TMA today!

Questions? Contact your RFS coordinator at

RFSinfo@texmed.org
or (800) 880-1300,
ext. 1443.



Physicians Caring for Texans

401 W. 15th St.
Austin, TX 78701-1680
(512) 370-1550
(800) 880-7955
knowledge@texmed.org
www.texmed.org