

GET MOVING. STAY SAFE. WEAR A HELMET.

I pledge to wear my helmet when I ride my bicycle or participate in other sports on wheels: skateboarding, in-line skating, or when riding scooters.

Signed: _____

Date: _____



TEXAS MEDICAL
ASSOCIATION

Hard Hats for Little Heads

Physicians Caring for Texans

GET MOVING. STAY SAFE. WEAR A HELMET.

I pledge to wear my helmet when I ride my bicycle or participate in other sports on wheels: skateboarding, in-line skating, or when riding scooters.

Signed: _____

Date: _____



TEXAS MEDICAL
ASSOCIATION

Hard Hats for Little Heads

Physicians Caring for Texans