

## Haltom City Residents to Receive Free Flu Vaccinations

- **WHAT:** To protect local residents from the flu, the Texas Medical Association's (TMA's) [Be Wise — Immunize<sup>SM</sup>](#) program will provide 100 free vaccinations to Haltom City children and adults at Health Fiesta on the Beach.
- **WHEN:** Oct. 4, 2014; 10 am-2 pm
- **WHERE:** Bethesda Community Church, 4700 N. Beach St., Haltom City 76137
- **WHO:** Stephen Vaughn, MD, a Fort Worth anesthesiologist, and North Texas Area Community Health Centers are joining forces to ensure Haltom City residents are vaccinated against the flu.

"We want to protect our community from the flu," said Dr. Vaughn. "By getting vaccinated, they can protect themselves from the illness and protect the people around them who are at risk for flu but, for one reason or another, can't be vaccinated."

A yearly flu vaccination is recommended for anyone older than 6 months of age to protect them from this viral illness that spreads easily to others.

*TMA created the Be Wise — Immunize program to help Texas communities provide free and low-cost vaccinations to uninsured and underinsured Texans. Since the program began in 2004, more than 300,000 shots have been given to Texas children, adolescents, and adults.*

*TMA is the largest state medical society in the nation, representing more than 48,000 physician and medical student members. It is located in Austin and has 110 component county medical societies around the state. TMA's key objective since 1853 is to improve the health of all Texans.*

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